



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9– 10 Open Swim & Parent & tot	9—9:45 Aquafit	9—9:45 Aquafit	9—9:45 Aquafit	9– 10 Open Swim & Parent & tot	PC Mariners Swim Team 7:30-9	Closed	
10-11 Open Swim & Parent and tot	10-11 Open Swim & Parent and tot	10-11 Open Swim & Parent and tot	10-11 Women’s Only Swim	10-11 Open Swim & Parent and tot	9-10 Open Swim & Parent and tot * 2 lanes available		
11-12 Lane Swim	11-12 Lane Swim	11-12 Lane Swim	11-12 Lane Swim	11-12 Lane Swim	Rental 10-11		
12-1 Lane Swim	12-1 Lane Swim	12-1 Lane Swim	12-1 Lane Swim	12-1 Lane Swim	Family Swim 11-12 *2 lanes available		
Closed 1—4					Rental 12-1		
PC Mariners Swim Team 4-6:30	PC Mariners Swim Team 4-6:30	PC Mariners Swim Team 4-5:30	PC Mariners Swim Team 4-6:30 Swimming Lessons (Registration opens Oct 6)	PC Mariners Swim Team 4-5:30	Closed		
Family Swim *2 lanes available 6:30—8	Family Swim *2 lanes available 6:30—8	5:30—6:30 Lane Swim	Family Swim *2 Lanes available 7-8	Rental 6—7			
	Adult Swim Lessons 7-8	6:30—8 Family Swim		7-8 Family Swim *2 lanes available			

Looking to share your passion?

The YMCA is actively looking for volunteers for a variety of programming including:

- Adult fitness swimming or triclub coaches
- Aquafitness instructors with morning or evening availability (training provided)
- Parent and tot programs
- [Ask us how to get started!](#)

The YMCA is also hiring swim instructors and lifeguards for the Pictou Fisheries and/or Wellness Centre Aquatic Centre locations. If you are interested please email Emma at Emma.Dwyer@pcymca.ca

Activity	Colour
Open Swim	
Family Swim	
Parent and Tot	
Lane Swim	
Aquafit	
Swim Lessons	
Rental Space	



Find us on Facebook:
YMCA of Pictou County



Find our website
at this QR code or at
www.pcymca.ca
10/03