



YMCA SUMMER DAY  
**CAMP**

**Program  
Guide**

**8 Weeks of Summer Fun!**

**July 2 - Aug 23**

*Registration Opens March 5  
at 8:00 AM*







# Why YMCA Camps?

## The YMCA Camp Experience

YMCA Summer Day Camps are fun and engaging skill based programs. Camps are designed to spark imagination and build confidence, independence, and communication skills. All participants will have the opportunity to create positive peer and role model friendships. In accordance with YMCA Healthy Child Development principles, participants will learn physical literacy skills and complete daily physical activity requirements. Camps offer activities, games, hands-on learning, skills-development, craft activities, swimming, and more. Camp isn't just a way to pass the summer — it's a life-changing experience! By building connections with other campers and YMCA staff, your child will be encouraged to reach for the best in themselves, and in others, every day. Helping young people grow up healthy, active and engaged is why the Y exists.

## Physical Literacy

When children acquire and practice fundamental movement and sport skills at a young age, they are more likely to stay active and maintain healthy habits in adulthood. All YMCA programs provide children and youth the opportunity to practice and improve their physical literacy skills and develop movement confidence in support of becoming “Active for Life”.

## YMCA Summer Camp Staff

Camp staff are carefully selected for their leadership skills, enthusiasm, and their ability to work with children of all backgrounds and abilities. All staff members have completed the YMCA Day Camp Training Program, are trained in physical literacy and healthy child development. Camp staff are also required to pass a Criminal Record check and Child Abuse Registry check. All camp staff are Intermediate First Aid Certified.

## Financial Assistance

**The Y is for everyone.** If you need financial support for YMCA membership, childcare, programming, or day camp, we can help.

Through the generosity of our donors, we provide financial help when you need it.

### How to get started:

Call 902-752-0202 or email [picfront.desk@pcymca.ca](mailto:picfront.desk@pcymca.ca) to make an appointment. You will need:

- Notice of Assessment
- Void cheque, VISA or MasterCard to set up your account for billing

*Complete this online link*

<https://www.surveymonkey.com/r/YFund>







# Registration Information

## Camp Welcome Email

You will receive a welcome email for each camp with Important reminders the Thursday before your camp start date.

## Camp Medical Form

Each camper must have a completed form before being dropped off at camp. If your camper requires additional support at camp, please notify our camp director prior to your camp start date at [Kieshia.Desmond@pcymca.ca](mailto:Kieshia.Desmond@pcymca.ca)

## How to Register

Registration will take place online and in-person starting Tuesday March 5th see the QR Code below or link here:

<http://tinyurl.com/YMCACamps2024>

Payments required with registration.

**All YMCA Camps are non-refundable.**

## Registration Check-list

Registration will take place online and in-person starting Tuesday March 5th. Payment is required with registration. All YMCA Camps are non-refundable.

- **If Financial Assistance is required** complete a Financial Assistance appointment prior to registration.
- **Complete a Test-Login for Registration** Log into your YMCA registration account as a test. YMCA members login with your email address on file and by clicking forget password.
- **Come to Registration with a Plan** If registering in person, please come prepared with which camps you would like to purchase by using this program guide.



## Inclusion Procedures

### If your child requires one on one support:

If your child requires one on one support at school, they will require one on one support at camp. For the comfort, safety, and experience of your camper, your family must identify a 1 on 1 support person to attend programming with your camper. A support person must be designated by the participants family prior to program start.

A Support Person is defined as someone over the age of 14 who has a current and clear criminal record check with vulnerable sector and a clear child abuse registry check. Paperwork must be completed and submitted to the YMCA before a support person begins working with a participant in camp.

### If YMCA Staff discover through participation in a program that a child requires 1 on 1 support and puts themselves, staff, or other campers at risk:

For the campers safety, they will be removed from programming until a 1 on 1 support person is identified by the family and the child can participate safely.



## Camps are Non-Refundable

**The YMCA of Pictou County does not issue refunds.** If you cancel your camp spot at minimum 7 days before camp starts, the YMCA can do one of the following:

- Issue a credit to your account and apply membership payments to your credit; or,
- Transfer the payment to a monetary donation and issue a charitable tax receipt for the amount.

Any cancellations less than a week prior to the activity will have payment forfeited without. Exceptions such as medical reason apply.





# Camp Locations

YMCA of Pictou County - Wellness Centre

2756 Westville Road, New Glasgow

North End Recreation Centre

534 High Street, New Glasgow

Ward One Recreation Centre

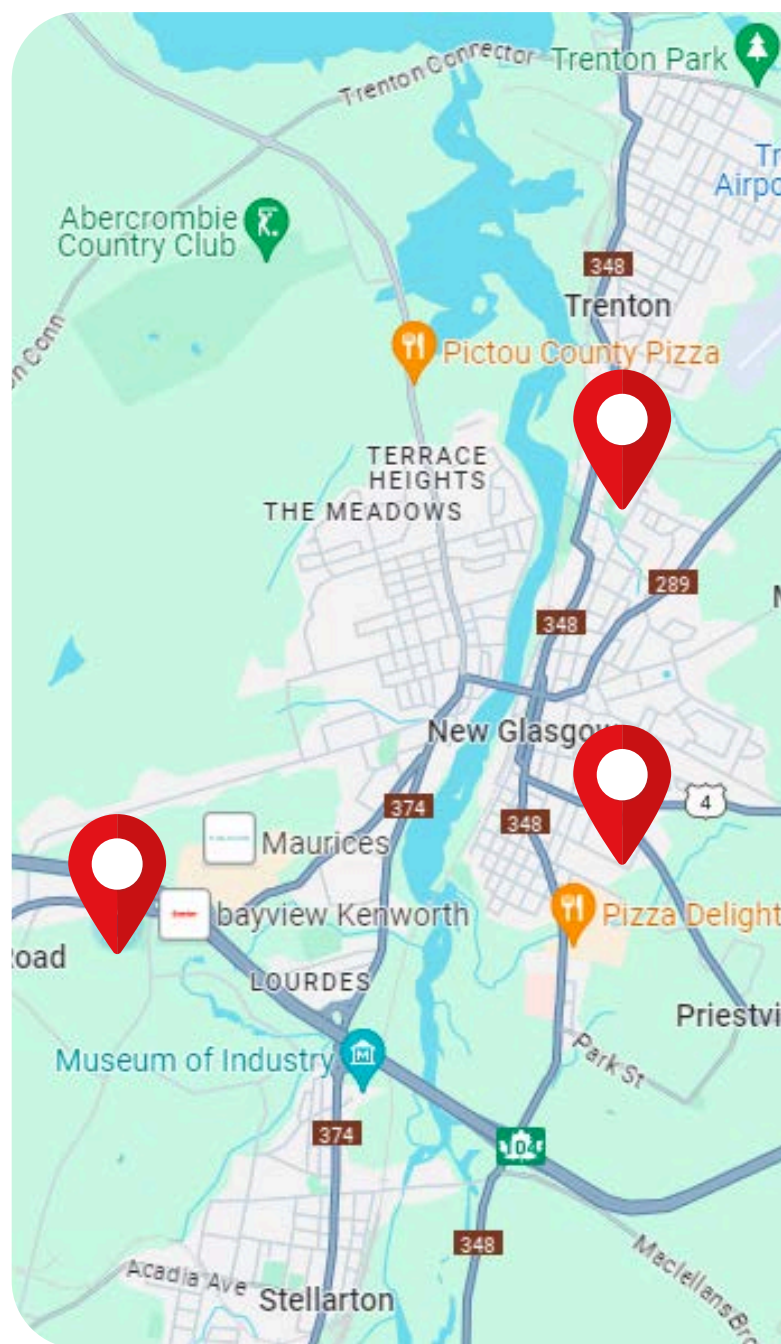
487 Brother Street, New Glasgow

**Registration Opens March 5th**

**Camp Drop-Off Hours : 7:30 AM - 9:00 AM**

**Camp Pick-Up Hours: 4:00 PM - 5:30 PM**

There will be no Camp  
Canada Day or Natal Day:  
Mon Jul 1st and Mon Aug 5th





# Wellness Centre Location

Ages 5 - 12

## Week 1 (July 2-5): Welcome Summer!

Member Price \$112 | Non-Member Price \$132

Activity Number: 8291

Get ready for a week of sunshine, smiles, and summertime fun! Our Welcome Summer theme is all about diving headfirst into the season with exciting games and activities that will get you moving and grooving. So bring your sunscreen, your adventurous spirit, and your love of all things summer and get ready for a week you'll never forget! *\*Notice: There is no Camp on Monday July 1st*

## Week 2 (July 8 -12): Sports Champ Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8292

Get ready to break a sweat and have some fun! At Sports Champ Camp, you'll have the chance to explore a variety of sports, from basketball to soccer to swimming. With experienced coaches and enthusiastic campers, this week-long summer camp is the perfect way to stay active, make new friends, and discover your inner sports champ.

## Week 3 (July 15-19): Camp Hollywood

Member Price \$140 | Non-Member Price \$165

Activity Number: 8293

Step into the shoes of your favorite Hollywood stars at Camp Hollywood! Spend a week learning the ins and outs of acting, dancing, and playing sports, all while enjoying the sunshine and making new friends. From improv to pro basketball, there's something for everyone at Camp Hollywood.

## Week 4 (July 22-26): Holiday Throwback

Member Price \$140 | Non-Member Price \$165

Activity Number: 8294

Join us for a fun-filled week where every day is a new holiday! Imagine celebrating Christmas in July, along with Halloween, Thanksgiving and more. Our campers will learn about different cultures and traditions while participating in festive activities, crafts and games. Get ready to immerse yourself in a world of celebration and joy.

## Week 5 (July 29-Aug 2): Camp Carnivale

Member Price \$140 | Non-Member Price \$165

Activity Number: 8295

It's Camp Carnivale! Enjoy a week of carnival themed activities, face painting, carnival games, sports and activities. Our enthusiastic team will guide campers through a variety of activities designed to spark creativity, build confidence, and foster friendships. With vibrant colors, lively music, and plenty of laughter, our carnival-themed camp is the ultimate summer destination for kids looking to have the time of their lives.

## Week 6 (Aug 6-9): Wild World

Member Price \$112 | Non-Member Price \$132

Activity Number: 8296

Welcome to Wild World Camp, where kids get up close and personal with the natural world. From the tiniest insects to the mightiest beasts, campers will learn about the diverse animals that make up our planet. With games, activities, and exploring nature, Wild World Camp is the perfect place for young adventurers to explore the wonders of the animal kingdom. *\*Notice: there is no Camp on Monday Aug 5th for Natal Day.*

## Week 7 (Aug 12-16): Olympic Week

Member Price \$140 | Non-Member Price \$165

Activity Number: 8297

Get ready to experience Olympic-sized fun! Join us for a week of athletic games, team-building activities and a chance to make lifelong friends. You'll learn new skills, get active and learn a multitude of sports from around the world.

## Week 8 (August 19-23): ??? (Mystery Week)

Member Price \$140 | Non-Member Price \$165

Activity Number: 8298

Get ready for a week of adventure and intrigue! At Mystery Week, campers will put their detective skills to the test as they solve puzzles, uncover clues, and unravel the mystery behind a thrilling caper. With plenty of twists and turns, this is sure to be a week you'll never forget!







# Wellness Centre Location

## Speciality Camps Ages 7 - 12

### Weeks 2&3 (July 8-12 | 15-19): Aqua Camp

**Member Price \$350 | Non-Member Price \$420**

**Activity Number: 8299**

Make a splash this summer! In this two week aqua camp, campers learn valuable swim skills with YMCA certified Swim Instructors. Along with daily fun swims, swimmers will participate in an hour of daily swimming lessons, pool games and water sport. Participants will also participate in all of the traditional day camp activities, such as crafts, sports and outdoor activities. Don't forget your swim suit daily!

### Week 4 (July 22-26): Basketball Camp

**Member Price \$160 | Non-Member Price \$185**

**Activity Number: 8301**

This camp will explore age-appropriate fundamentals of basketball for campers age 7-12. Campers will learn how to dribble the ball, pass as well as learn free throws, jump shots and layups.

### Week 5 (July 29-Aug 2): Music Camp

**Member Price \$160 | Non-Member Price \$185**

**Activity Number: 8302**

Campers will learn the fundamentals of music with music educated camp counsellors. Campers will explore rhythm, song, melody through group activities, singing, boom whackers and percussion instruments!

### Week 6 (Aug 6-9): STEAM Camp

**Member Price \$132 | Non-Member Price \$152**

**Activity Number: 8303**

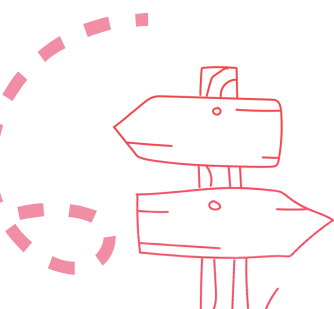
Welcome to our STEAM camp, where young minds ignite. Our campers learn by doing in a fun and interactive environment that fosters curiosity and creativity. With experienced instructors and hands-on activities, campers explore the worlds of science, technology, engineering, art, and math while making lasting friendships. Join us for an unforgettable summer of discovery and growth. ***\*Notice: there is no Camp on Monday Aug 5th for Natal Day.***

### Week 7&8 (Aug 12-16 / Aug 19-23): Aqua Camp

**Member Price \$350 | Non-Member Price \$420**

**Activity Number: 8300**

Make a splash this summer! In this two week aqua camp, campers learn valuable swim skills with YMCA certified Swim Instructors. Along with daily fun swims, swimmers will participate in an hour of daily swimming lessons, pool games and water sport. Participants will also participate in all of the traditional day camp activities, such as crafts, sports and outdoor activities. Don't forget your swim suit daily!





# Ward One Community Centre

Ages 5 - 12

## Week 1 (July 2-5): Welcome Summer!

Member Price \$112 | Non-Member Price \$132

Activity Number: 8283

Get ready for a week of sunshine, smiles, and summertime fun! Our Welcome Summer theme is all about diving headfirst into the season with exciting games and activities that will get you moving and grooving. So bring your sunscreen, your adventurous spirit, and your love of all things summer and get ready for a week you'll never forget! *\*Notice: There is no Camp on Monday July 1st*

## Week 2 (July 8 -12): Sports Champ Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8284

Get ready to break a sweat and have some fun! At Sports Champ Camp, you'll have the chance to explore a variety of sports, from basketball to soccer to swimming. With experienced coaches and enthusiastic campers, this week-long summer camp is the perfect way to stay active, make new friends, and discover your inner sports champ.

## Week 3 (July 15-19): Soccer Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8285

Get your kicks at our 1-week soccer camp! Our staff will teach campers of all skill levels the fundamentals and techniques of the beautiful game in an inclusive and exciting environment. With plenty of opportunities for friendly competition and teamwork, campers will come away with new skills, new friends, and a love for the beautiful game that will last a lifetime.

## Week 4 (July 22-26): Holiday Throwback

Member Price \$140 | Non-Member Price \$165

Activity Number: 8287

Join us for a fun-filled week where every day is a new holiday! Imagine celebrating Christmas in July, along with Halloween, Thanksgiving and more. Our campers will learn about different cultures and traditions while participating in festive activities, crafts and games. Get ready to immerse yourself in a world of celebration and joy.

## Week 5 (July 29-Aug 2): Basketball Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8286

Players will learn the fundamentals of the game, develop their technique, and engage in plenty of exciting scrimmages and drills. With a focus on sportsmanship and teamwork, this camp is the perfect way for young athletes to discover their passion for basketball and take their game to the next level.

## Week 6 (Aug 6-9): Wild World

Member Price \$112 | Non-Member Price \$132

Activity Number: 8288

Welcome to Wild World Camp, where kids get up close and personal with the natural world. From the tiniest insects to the mightiest beasts, campers will learn about the diverse animals that make up our planet. With games, activities, and exploring nature, Wild World Camp is the perfect place for young adventurers to explore the wonders of the animal kingdom. *\*Notice: there is no Camp on Monday Aug 5th for Natal Day.*

## Week 7 (Aug 12-16): Olympic Week

Member Price \$140 | Non-Member Price \$165

Activity Number: 8289

Get ready to experience Olympic-sized fun! Join us for a week of athletic games, team-building activities and a chance to make lifelong friends. You'll learn new skills, get active and learn a multitude of sports from around the world.

## Week 8 (August 19-23): Basketball Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8290

Players will learn the fundamentals of the game, develop their technique, and engage in plenty of exciting scrimmages and drills. With a focus on sportsmanship and teamwork, this camp is the perfect way for young athletes to discover their passion for basketball and take their game to the next level.





# North End Community Centre

Ages 5 - 12

## Week 1 (July 2-5): Welcome Summer!

Member Price \$112 | Non-Member Price \$132

Activity Number: 8275

Get ready for a week of sunshine, smiles, and summertime fun! Our Welcome Summer theme is all about diving headfirst into the season with exciting games and activities that will get you moving and grooving. So bring your sunscreen, your adventurous spirit, and your love of all things summer and get ready for a week you'll never forget! *\*Notice: There is no Camp on Monday July 1st*

## Week 2 (July 8 -12): Sports Champ Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8276

Get ready to break a sweat and have some fun! At Sports Champ Camp, you'll have the chance to explore a variety of sports, from basketball to soccer to swimming. With experienced coaches and enthusiastic campers, this week-long summer camp is the perfect way to stay active, make new friends, and discover your inner sports champ.

## Week 3 (July 15-19): Basketball Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8277

Players will learn the fundamentals of the game, develop their technique, and engage in plenty of exciting scrimmages and drills. With a focus on sportsmanship and teamwork, this camp is the perfect way for young athletes to discover their passion for basketball and take their game to the next level.

## Week 4 (July 22-26): Holiday Throwback

Member Price \$140 | Non-Member Price \$165

Activity Number: 8278

Join us for a fun-filled week where every day is a new holiday! Imagine celebrating Christmas in July, along with Halloween, Thanksgiving and more. Our campers will learn about different cultures and traditions while participating in festive activities, crafts and games. Get ready to immerse yourself in a world of celebration and joy.

## Week 5 (July 29-Aug 2): Soccer Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8279

Get your kicks at our 1-week soccer camp! Our staff will teach campers of all skill levels the fundamentals and techniques of the beautiful game in an inclusive and exciting environment. With plenty of opportunities for friendly competition and teamwork, campers will come away with new skills, new friends, and a love for the beautiful game that will last a lifetime.

## Week 6 (Aug 6-9): Wild World

Member Price \$112 | Non-Member Price \$132

Activity Number: 8280

Welcome to Wild World Camp, where kids get up close and personal with the natural world. From the tiniest insects to the mightiest beasts, campers will learn about the diverse animals that make up our planet. With games, activities, and exploring nature, Wild World Camp is the perfect place for young adventurers to explore the wonders of the animal kingdom. *\*Notice: there is no Camp on Monday Aug 5th for Natal Day.*

## Week 7 (Aug 12-16): Floor Hockey Camp

Member Price \$140 | Non-Member Price \$165

Activity Number: 8281

Join us for a week of high-energy hockey fun designed to help improve your stick-handling, shooting, and game strategy. Our experienced coaches are dedicated to creating a welcoming and inclusive environment that will push you to be your best, while also ensuring that you have a great time on the floor.

## Week 8 (August 19-23): ??? (Mystery Week)

Member Price \$140 | Non-Member Price \$165

Activity Number: 8282

Get ready for a week of adventure and intrigue! At Mystery Week, campers will put their detective skills to the test as they solve puzzles, uncover clues, and unravel the mystery behind a thrilling caper. With plenty of twists and turns, this is sure to be a week you'll never forget!





# Camp Policies

## Camp Recreational Swims

For the safety of all campers, a swim test must be completed daily to determine if mandatory life jacket use is required. Please view your camp registration for swimming details.

## Label All Belongings

Please label all campers belongings with their name. The YMCA is not responsible for any lost or stolen items.

## Camp Medical Form

Each camper must have a completed form.

If your camper requires additional support at camp, please notify our camp director prior to your camp start date.

## Cancellation Policy

The YMCA of Pictou County does not issue refunds. If you cancel your camp spot at minimum 7 days before camp starts, the YMCA can do one of the following:

- Issue a credit to your account and apply membership payments to your credit; or,
- Transfer the payment to a monetary donation and issue a charitable tax receipt for the amount.

Any cancellations less than a week prior to the activity will have payment forfeited without. Exceptions such as medical reason apply.

## Camper Check-List

- ☒ **Swim Suit and Towel**  
For swimming and water play
- ☒ **Hat**  
Sun safety is important
- ☒ **Running Shoes**  
To stay active all day long
- ☒ **Sunscreen**  
To reapply throughout the day
- ☒ **A Hearty & Healthy Lunch**  
Please be allergen aware
- ☒ **Lots of Healthy Snacks**  
To keep energized all day
- ☒ **Refillable Water Bottle**  
To stay hydrated



## Camps are non-refundable

All YMCA programs and services are non-refundable. Please see above for cancellation policy.

Please contact our Youth Director at  
Kieshia.Desmond@pcymca.ca





## YMCA of Pictou County: Camp Medical Form

CAMPER INFORMATION							
Name			Birth Date (Y/M/D)		Age at Camp		Gender
Address			City		Postal Code		Phone Number
Doctor's Name		Doctor's Phone Number		Health Card Number			
Guardian/ Primary Contact/ Authorized Pick Up				Secondary/ Emergency Contact/ Authorized Pick Up			
Name/ Relationship				Name/ Relationship			
Address				Address			
City		Postal Code		Phone Number		City	
Postal Code		Phone Number		City		Postal Code	
Work Phone		Cell Phone		Work Phone		Cell Phone	
Email				Email			
Custody of Camper Please Specify: <input type="checkbox"/> Both <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Other (please specify)							
Medical/Additional Information							
Does your child have any medical conditions we should know about? <input type="checkbox"/> Yes <input type="checkbox"/> No				Please Specify:			
Does your child have any allergies? <input type="checkbox"/> Yes <input type="checkbox"/> No				Please Specify:			
Does your child have any disabilities or limitations? <input type="checkbox"/> Yes <input type="checkbox"/> No				Please Specify:			
My child is a member of the Pictou County YMCA? <input type="checkbox"/> Yes <input type="checkbox"/> No							
<b>Zero Tolerance Policy:</b> The YMCA will not tolerate any discriminatory behavior or acts. It is the expectation of the YMCA that all people will be treated with dignity and respect. Any violation of this policy can lead to disciplinary actions.							
I have read the policies as stated and have discussed the expectations of behavior with my child: Parent/Guardian Signature: _____ Date: _____							
I understand & permit pictures of my child to be taken & used for promotion within the YMCA of Pictou County <input type="checkbox"/> Yes <input type="checkbox"/> No							
I give the Day Camp staff permission to take my child on off-site activities <input type="checkbox"/> Yes <input type="checkbox"/> No							
<b>Covid-19 Safety:</b> The YMCA of Pictou County prides itself on safety and quality of service. Our camp requires individuals to take an active role in flattening the curve. Do not send your child to camp if they are experiencing Covid-19 symptoms. I agree to the above statement Parent/Guardian Signature: _____ Date: _____							
Additional Information:							