



**YMCA of Pictou County**  
2756 Westville Road,  
New Glasgow, Nova Scotia B2H 5C6  
(902) 752-0202  
www.pcyymca.ca

## **DESIGNATED JOB POSTING**

Title: Fitness Centre Wellness Coach/Personal Trainer  
Reports to: Director of HFR  
Position Status: Part Time  
Salary: \$15.00-\$17.00 (dependent on certification)  
Start Date: Fall 2023  
Office Location: YMCA of Pictou County

The YMCA of Pictou County is looking for a dynamic self-starter to join our team as a Personal Trainer in this designated position. We highly encourage applications from people who identify as a Mi'kmaq or Indigenous and members of racially visible groups, including African and Black Nova Scotians. The YMCA of Pictou County is a supportive and caring staff team who are thriving, growing, and are passionate about their work. The workplace team culture is inclusive, genuine, kind and nurturing, where team members are encouraged to learn and succeed individually and collectively. The environment is casual and comfortable yet friendly and professional. All team members are encouraged to have fun at work alongside the policies that guide our professionalism. At the YMCA of Pictou County, we know the value of being healthy and active, of bringing people together, and social and physical activity within a community.

### **The YMCA Experience**

At the YMCA we know that our ability to partner with others in our community is through the passion and dedication of our employees and volunteers. In joining the YMCA, you will become part of a dedicated network of individuals with great passion for providing a holistic support to the communities in which we serve.

As a **Personal Trainer**, you will...

- Provide introductions and information to members on comprehensive programming options in support achievement of individual wellness goals and community engagement. Provide support to new and existing members, including, member orientations and facility tours.
- Respond to requests for information from current and potential members. Resolve member concerns in a timely and meaningful fashion.
- Provide onsite support and direction in monitoring the wellness floor by motivating and encouraging members in safely meeting their fitness goals.
- Ensure ongoing professional development and maintenance of skill certification/position qualifications.
- Provide support to Association program areas by actively sourcing opportunities to promote and engage enrollment, as well as assist with event marketing/promotion activities to



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profile the Y mandate, values, and offerings.

- Ensure a safe, welcoming, positive environment is maintained at all times for members, participants, staff, and volunteers. Adhere to accepted safety practices and procedures in the use of all equipment and in all activities.

### **We Offer**

- Individual YMCA Membership & Discounted Childcare and Camp Rates

### **This job might be for you if:**

You're good at/you have:

- Post-secondary degree or diploma in related field or equivalent combination of education and personal fitness experience
- 1-3 years' experience in fitness participation
- Strong working knowledge of, or interest in, whole life health and wellness
- Love helping people and have exemplary track record in member or guest relations is an asset
- Personal Training, YMCA Group Fitness or Wellness Coach Certification an asset (*YMCA can provide access to this certification for the successful candidate*)
- Resourceful, flexible, motivated and energetic; able to work independently.
- Demonstrated ability to meet multiple, competing priorities
- Intermediate skill in Microsoft Office Suite
- Current Standard First Aid and CPR an asset (*YMCA can provide access to this certification for the successful candidate*)
- **Note: Successful candidates will be required to provide a current and satisfactory Criminal Record Check/Vulnerable Sector Check, Child Abuse Registry Check, and proof of valid First Aid and CPR training. *Having these documents ready for the interview is recommended.***
- **Employees will be required to attend YMCA Child Protection Training.**

### **Apply Today**

Please email your cover letter and resume in one document to Lori Morison, Centre Manager, YMCA of Pictou County via email: [lori.morison@pcymca.ca](mailto:lori.morison@pcymca.ca) This position will remain open until filled. We look forward to hearing from you.

*We wish to express our appreciation to all applicants for their interest in this position; however, only candidates selected for an interview will be contacted.*

*The YMCA of Pictou County is an equal opportunity employer.*