

Health, Fitness & Recreation (HFR)

Title: Personal Trainer
Reports to: HFR Director
Position Status: Part Time
Salary: \$16.50 - \$18.50 Hourly (Plus Commission)
Office Location: YMCA of Pictou County

The YMCA of Pictou County Experience

"The YMCA of Pictou County is a supportive and caring staff team who are thriving, growing and are passionate about their work. The workplace team culture is inclusive, genuine, kind and nurturing, where team members are encouraged to learn and succeed individually and collectively. The environment is casual and comfortable yet friendly and professional. All team members are encouraged to have fun at work alongside the policies that guide our professionalism. At the YMCA of Pictou County, we know the value of being healthy and active, of bringing people together, and social and physical activity within a community. If this environment interests you and you identify as a dynamic team player who is socially connected and passionate about helping people, consider joining our team as a Personal Trainer and Group Fitness Instructor."

Position Summary and Responsibilities

Reporting to Director of HFR, the Personal Trainer is responsible for daily leadership and support of health, fitness, and recreation programming. Along with maintaining YMCA Canada SAM standards and fitness safety.

Schedule will include evenings and weekends.

Responsibilities:

- Provide introductions and information to members, potential members, visitors and program participants on program options to support individual wellness goals.
- Centre tours and fitness floor orientations
- Leading group fitness classes
- Ensure delivery of The Y Way, and Child Safeguarding standards.
- Model and champion YMCA behavioral standards in regard to professionalism, discretion, behavioural standards, and respectful workplace requirements.
- Support cross-department communications.
- Other duties as assigned by the HFR Director.

We Offer

- Individual or Family YMCA Membership
- Flexible schedule
- Professional development and training

Qualifications

- 1-3 years Fitness experience and fitness certification (we can provide additional certifications required for the job)
- Demonstrated ability to build relationships and further involve those individuals in the goals of the organization.
- Excellent verbal and written communication skills.
- Strong interpersonal skills including: tact, diplomacy, and ability to establish rapport with clients
- Strong attention to detail.
- Flexibility to work irregular hours required.
- Note: Successful candidates will be required to provide a current and satisfactory Criminal Record Check/Vulnerable Sector Check, Child Abuse Registry Check, and proof of valid First Aid and CPR training. Employees will be required to attend YMCA Child Safeguarding Training.

Apply today to join our team and inspire healthy spirits, minds and bodies to thrive!

Please email your cover letter and resume in one document to Marla Sim at Marla.sim@pcymca.ca. We look forward to hearing from you.

The YMCA of Pictou County is an equal opportunity employer.